



THE SPA

TREATMENT MENU





A WORLD OF WELLBEING AWAITS YOU

Allow our trained therapists to guide you on a journey of Wellness that will leave you feeling Revitalized, Rejuvenated and Renewed, Mind, Body, and Soul.

Our committed Team is dedicated to restoring Beauty and Balance through Individual and Personalized treatments and spa experiences.

To compliment the extensive variety of health and beauty treatments our Hair and Make-up, Barber Services and Nails will complete your “Head-to-Toe” transformation.

SPA OPERATING HOURS

DAILY 08H00 – 17H00

CANCELLATION POLICY

Therapists are dedicated to your treatment once the reservation is made and we require at least 24-hour notice should you wish to reschedule your treatment. A 50% of the treatment value cancellation fee will be charged should you cancel.





BACK MASSAGE

Relieves tension in the back, shoulders and neck.

30 Mins **K600**
45 Mins **K650**
60 Mins **K780**
Add on hot stones **K160**

SWEDISH MASSAGE

Induces a state of relaxation and well being.

60 Mins **K880**
75 Mins **K950**
90 Mins **K1000**

HOT STONE MASSAGE

A massage stone therapy for the purpose of pain.

60 Mins **K950**
75 Mins **K1000**
90 Mins **K1100**

DEEP TISSUE MASSAGE

A deep pressure massage to relieve tension and stress in the body, followed by a muscle relief gel to soothe tired muscles.

60 Mins **K950**
75 Mins **K1000**
90 Mins **K1100**

UKUCHINA

Local treatment that involves a manual massage followed by firm but gentle pressing of hot towels soaked in hot water with eucalyptus on problematic areas to help relieve tension.

75 Mins **K1000**

MAMA'S TOUCH MASSAGE

45 Mins **K850**

FUSION MASSAGE

This relaxing experience is a massage for the entire back of the body, including the back of your legs and finishing off with the head and feet.

45 Mins **K800**

FOOT MASSAGE

With some reflexology pressure points

30 Mins **K450**



**BODY
TREATMENTS**

BY
ESSENTIALS

SUGAR BODY POLISH

30 Minutes K650

An effective body exfoliation to smooth stimulate and deeply condition the skin, while stimulating the senses.

COFFEE BODY WRAP

60 Minutes K1000

Re-energize with this revitalizing body wrap. A coffee espresso exfoliation prepares your skin for a stimulating butter mint wrap. This treatment will leave you feeling fresh and awakened while improving circulation.

CIELA BODY RETREAT

90 Minutes K1800

Allow our therapist to awaken all five senses with a luscious pampering treatment for face and body. A full body buff leaves the skin satiny smooth which is followed by a skin-quenching body butter massage and a customized face treatment. You will feel relaxed, revived and rejuvenated with this head to toe pamper treatment.

ENZYME BODY WRAP

60 Minutes K1000

A deep exfoliation with essential oils and a sugar scrub prepares your skin for the brightening wrap where the star ingredient is baobab. The benefits of its natural high content of vitamin C will aid in brightening uneven skin tone, improving firmness and repairing sun damage.

VICHY SHOWERS

K250

ADD ON TO ANY BODY TREATMENT

Melt away stress as the gentle, warm waters of the Vichy shower rain over your body creating a luxurious, healthful, and deeply relaxing sensation.



**BODY
TREATMENTS**

BY
SPALICIOUS

SELF HEATING BODY BUFF

30 Minutes K650

A luxurious and intensive 30 minute full body scrub using our award winning Mandarin & Sandalwood Self Heating Sugar Scrub. As the creamy scrub comes into contact with your skin you will feel a relaxing warming sensation which is further enhanced by adding a little water which will deliver another burst of soothing heat. With this treatment your skin will be regenerated and re-mineralized with the increase in blood circulation and removal of dead skin cells.

DETOXIFYING BACK TREATMENT

45 Minutes K800

A lifesaving back treatment with a touch of real luxury. The treatment begins with a Mandarin & Sandalwood Self Heating Sugar Scrub that removes dead skin cells and re-mineralizes your skin. One of your three kaolin creamy masks will be applied to the back and left to detox for any breakouts on your back as well as remineralise and hydrate an area often neglected. Whilst the mask is at work you will then receive a heavenly back of leg massage followed by a relaxing back massage, ending off with the Mandarin & Sandalwood Dry Body Spritz to nourish your skin.

BODY COCOONING BODY BLITZ

60 Minutes K1000

A full body treatment personalized according to your needs, whether you want to destress and revive sore and tired muscles with an Cooling Peppermint Body Wrap, or improve collagen in the skin and remineralize your body with a Firming Chocolate Wrap, or Detox with our Heating Sandalwood and Mandarin Wrap improving Blood Circulation.

CELLULITE TREATMENT

60 Minutes K1100

Spalicious Cellulite treatment was developed after 5 years of intensive research and development on finding a solution to managing cellulite. It works in three steps. Exfoliate, Massage and Contour Cream with active ingredients that firm the skin by 57% and activate lipolysis in the skin.



BODY TREATMENTS

BY
SPALICIOUS

BODY SCULPTING TREATMENT

60 Minutes K1300

An intense body Treatment, that helps to improve blood circulation and improves collagen production by firming and toning the skin. The heat from the Body Scrub and Cellulite Melting Gel and the Cooling from the Vichy showers helps in losing centimetres.

MAMA'S BUM AND BELLY PREGNANCY WRAP

60 Minutes K1050

A very special peel off wrap enriched with spirulina with a high protein content to protect the skin elastin and collagen and ginkgo biloba to soothe and protect the skin. Feel light and toned with the cooling effect of the menthol leaving your belly and bum refreshed. No mess or fuss with this easy to apply gel wrap that sets in 15 minutes and peels off easily leaving no trace, revealing a subtle fragrance of pink grapefruit.

THE CIELA BODY ESCAPE

2 Hours K2200

Feel ON TOP OF THE WORLD with this 2 hour treatment. Especially recommended for highly stressed individuals in need of intense regeneration and recharging. Together with your qualified therapist a treatment plan tailored to your needs will be delivered. We start with vigorous full body exfoliation that will re-mineralize and increase blood circulation followed by a body cocoon wrap that best suits your specific needs and we end off with a one hour full body massage that leaves you recharged and rejuvenated.



FACIAL TREATMENTS

Born out of a love for Africa.

Essential contains a powerhouse of plant-based oils and extracts from African species that have adapted to cope with the harshest conditions on the planet, thus helping your skin do the same.

FACIALS BY ESSENTIALS

RADIANT EXPRESS FACIAL

30 Minutes K650

A great way to brighten your skin in a hurry! The mini version of our signature facial includes cleansing, ex-foliating, mask and moisturizer. This facial is designed to leave you feeling invigorated and ready to face the world.

TEEN FACIAL

60 Minutes K750

Created with teen complexion needs in mind - our teen facial can help with persisting skin troubles common in teenagers and will also prevent them before the problem starts. This facial uses product formulated with ingredients that are perfect to energize skin.

ESSENTIAL ORGANIC FACIAL

60 Minutes K900

This facial is customized for your skins needs, whether you are looking for a deep cleanse, intense hydration of an anti-ageing facial. This facial benefits all skin types and ages, natural ingredients such as Rooibos, Mongongo and Kigelia and in replenishing the skin, and restoring balance, leaving the skin nourished and rejuvenated.

FACIALS BY SIX

ENERGISING EXPRESS FACIAL

30 Minutes K750

An efficient express treatment that will be tailored to your specific needs. This is a great booster treatment or mini deep cleanse to add with other treatments and will rejuvenate, revitalise and refresh the skin.

CONTINUED →



FACIAL TREATMENTS

Whether your desire is to maintain vibrant, young and healthy skin or you wish to restore and rejuvenate ageing and dry skin, SIX Skin Treatments can help you achieve beautiful, healthy skin.

CONTINUED

DOUBLE EXFOLIATING DEEP CLEANSE FACIAL

45 Minutes K980

This treatment will couple an Energising express skin treatment with a choice of 3 spa rituals to provide a truly indulgent experience. Choose from a back, foot or head Indian massage ritual.

REVIVING SKIN GLOW FACIAL

60 Minutes K1100

This classic facial treatment will provide you with a unique sensorial experience as well as a thorough anti-aging treatment. It restores the natural luminosity to your complexion and revitalizes tired, dull skin whilst smoothing out expression lines and wrinkles using professional massage and extraction techniques coupled with the advanced firming and rejuvenating ingredients to aid in nourishment, protection and maintenance of your skin and to stimulate production of collagen and elastin.

INTELLIGENT ANTI-AGEING FACIAL WITH A BACK MASSAGE

90 Minutes K1600

For the ultimate in relaxation and pampering experience this treatment combines an indulgent hot oil back massage and herbal compress treatment with a rejuvenating, revitalising facial that includes a double exfoliation, hand treatment and a heavenly signature facial massage.

WRINKLE SMOOTHING & INSTANT FIRMING EYE TREATMENT - ADD ON

15 Minutes K250

A skin enhancer that adds no additional treatment time to your facial. This luxurious anti-ageing eye treatment firms, smoothes fine lines, reduces puffiness, tones and hydrates the delicate eye area, giving your eyes that shine like diamonds.



**ADVANCED
FACIAL
TREATMENTS**



REVEAL SKIN PEEL

60 Minutes K1500

The only super intensive Alpha hydroxyl acid peel facial that still delivers the unique SIX sensorial experience with our relaxing warming and lifting massage. Instant results with refined pores, smoothed lines, clearer and more even complexion and super glowing and radiant skin. This treatment is best suited for any skin type with turbo charged cell turnover.

AZELIAC SKIN PEEL

60 Minutes K1500

A lighter peel for the more sensitive clients, that still delivers the unique SIX sensorial experience, leaving the skin with a radiant glow.

DERMAPLAINING TREATMENT

75 Minutes K1200

An Effective and safe exfoliation procedure making use of a specially designed 10R scalpel to remove the surface of the skin which removes excess dead skin and vellus hair. It creates a deeper product penetration boosting the effects of the ingredients, this is followed by a Facial making the skin look and feel smoother. A lighter peel for the more sensitive clients, that still delivers the unique SIX sensorial experience, leaving the skin with a radiant glow.

**ADD ON DERMPLAINING
TO ANY TREATMENT**

K350



**MEN
GROOMING**

SIX MAN ON THE MOVE

30 Minutes K650

This treatment will combine an express men's specific facial with a choice of 3 spa rituals to provide a truly rejuvenating 30 minute experience. Choose from a back massage, foot ritual or indian head massage ritual.

SIX MAN ENERGISING FACIAL

60 Minutes K1050

Just the tonic for tired looking skin, a SIX MAN facial provides deep cleansing and hydration while helping to reduce fine lines and wrinkles. A thorough exfoliation will remove dull, dead skin cells and energise and invigorate the skin. With specific massage techniques the skin is left toned, refreshed and supple. A deeply relaxing scalp massage is performed whilst an exceptional mask is applied and left to set on the skin.

SIX MAN FIRST-CLASS TREATMENT

90 Minutes K1600

Renowned as our 'Hero' treatment; this SIX MAN experience delivers triple results by targeting three key areas – the back, the face and the scalp, making it the ideal treatment. Starts with a specialised back massage using unique movements to relieve tension followed by an energizing facial with an outstanding Indian head massage ritual.

MENS HAND GROOMING

45 Minutes K300

MENS FEET GROOMING

45 Minutes K420

We also offer men's waxing.

Please enquire at reception or see waxing offers.



HANDS & FEET

MANICURE AND POLISH

Nail care, scrub and massage, paint.

45 Minutes K400

SPA MANICURE

Nail care, scrub and massage, mask and paint.

60 Minutes K450

PEDICURE AND POLISH

Nail care, scrub and massage, paint.

60 Minutes K550

SPA PEDICURE

Nail care, scrub and massage, mask and paint.

75 Minutes K600

FOOT PEEL TREATMENT

A foot treatment directed at regaining foot health.

K320

GEL ADD ON

K200

GEL REMOVAL

K180

FILE AND GEL POLISH

K300

FILE AND PAINT

K250

GELISH DIP ADD ON
with overlay

K250

GELISH SOFT TIP

K600

GELISH FILL

K300

POLY GEL SET
with overlay

K620

POLY GEL FILL

K300

IBX NAIL TREATMENT

K250

ACRYLIC SET
with overlay

K620

ACRYLIC FILL

K300

ACRYLIC NAIL REPAIR

K100

ACRYLIC SOAK OFF

K200



WAXING, LASHES AND TINTING

BIKINI	K300	HALF LEG	K200	FULL FACE	K280
BRAZILIAN	K460	FULL LEG	K400	SIDES OF THE FACE	K200
HOLLYWOOD	K580	STOMACH	K250	BROW	K150
UNDERARMS	K180	CHEST	K250	LIP	K150
HALF ARM	K230	BACK	K400	CHIN	K120
FULL ARM	K320				

VAJACIAL

30 Minutes K450

A vajacial treats ingrown hairs, removes dead skin cells, smooths bumps around the bikini line, helps with hyperpigmentation, all to maintain healthy and hydrated skin.

TINTING

LASH	K150
LASH AND BROW	K280
BROW	K150

LASHES

LASH EXTENSIONS CLASSIC	K700
LASH EXTENSIONS VOLUME	K800
LASH FILL 2 WEEKS	K400
LASH FILL 3 WEEKS	K500
LASH REMOVAL	K250

MAKE UP

EVENING	K350
ADD FULL LASH SET	K100
BRIDAL	K400

We offer a bridal package for Hair and Make up, enquire at reception



MAGICAL MINI MANI Soak, Massage, Nail care and Polish.	20 Minutes K350
MAGICAL PEDI Soak, Massage, Nail care and Polish.	20 Minutes K350
MAGICAL MANI AND PEDI Soak, Massage, Nail care and Polish.	40 Minutes K650
LITTLE PRINCESS MASSAGE Back, Neck & Shoulders, Back of Legs and Arms.	20 Minutes K400
LITTLE PRINCE MASSAGE Back, Neck & Shoulders, Back of Legs and Arms.	20 Minutes K400
ROYAL HEAD AND FOOT MASSAGE	20 Minutes K250
LITTLE DUCHESS/LITTLE DUKE FACIAL	20 Minutes K400
KIDS HAIR CUT	20 Minutes K200
QUEEN'S BLOWOUT/KING'S HAIRSTYLE	20 Minutes K180
PAMPER PARTY Little Princess or Prince Massage Little Duchess or Duke Facial Queens Blowout or Kings Hairstyle And a milkshake	30 Minutes K900PP

**CHILDREN MUST BE ACCOMPANIED BY AN ADULT AT ALL TIMES.
AN INDEMNITY IS REQUIRED TO BE SIGNED FOR EACH CHILD.**

